## **Livewell Stop Smoking Drop In Sessions**

Come along to a weekly Livewell client drop-in sessions to get Stop Smoking support from our friendly team. Below is the drop-in programme from **5th February 2018**:

Mondays	11:00 – 12:00pm	Springwood Leisure Centre
Mondays	12.00 – 1.00pm	Derby City Council House
Mondays	4:30 - 5:30pm	Derby Urgent Care Centre
Mondays	5:00 – 6:00pm	Mackworth Youth & Community Centre
Tuesdays	8:30 – 9:30am	Queen's Leisure Centre
Tuesdays	11:00 – 12:00pm	Alvaston Park Community Building
Tuesdays	1:30 – 2:30pm	Sinfin Library
Tuesdays	2:00 – 3:00pm	Springwood Leisure Centre
Tuesdays	6:00 – 6:30pm	The Park Medical Practice (Chaddesden)
Wednesdays	11:00 – 12:00pm	Derby Arena
Wednesdays	5:00 – 6:00pm	Springwood Leisure Centre
Wednesdays	6:00 – 6:30pm	Peartree Medical Centre
Thursdays	10:30 – 11:30am	Derby City Council House
Thursdays	1:00 – 2:00pm	Peartree Library
Thursdays	1:30 – 2:30pm	Alvaston Park Community Building
Fridays	3:30 – 4:30pm	Springwood Leisure Centre
Saturdays	10:00 – 11:00am	Springwood Leisure Centre

A Derby City Council Project

Please note that these sessions may occasionally be cancelled. Please check the Livewell website or our Facebook and Twitter pages.

For enquiries call 01332 641254, email <u>livewell@derby.gov.uk</u>