

# Livewell Stop Smoking Drop In Sessions

Come along to a weekly Livewell client drop-in session to get Stop Smoking support and collect Nicotine Replacement Therapy from our friendly team.

Below is the drop-in programme from **19 April 2024**:

- Mondays 10:45-11:30am at **Springwood Leisure Centre** (Springwood Drive, Oakwood, DE21 2RQ)
- Mondays 5.15-6pm at **Springwood Leisure Centre** (Springwood Drive, Oakwood, DE21 2RQ)
- Tuesdays 11am-12pm at **Derby City Council House – Room 1** (Corporation Street, DE1 2FS)
- Tuesdays 12-1pm at **St Mary's Community Centre** (Barrett Street, Alvaston, DE24 0EN)
- Tuesdays 5:30-6:15pm at **St. Martin's Church** (Flint Street, Allenton, DE24 9BH)
- Tuesdays 8-8:30pm at **Mackworth Youth & Community Centre** (Prince Charles Avenue, DE22 4FN)
- Wednesday 11am-12pm at **Derby Arena – Consulting Room 2, Gym Floor** (Royal Way, Derby DE24 8JB)
- Wednesdays 11-11.45am at **Tiptoe School Of Performing Arts** (Sinfin Commercial Park, DE24 9HL)
- Wednesdays 5:15-6pm at **Sinfin Library** (District Centre, Arleston Lane, Sinfin, DE24 9HL) **\*NEW TIME**
- Thursdays 10-10:45am at **Springwood Leisure Centre** (Springwood Drive, Oakwood, DE21 2RQ)
- Thursdays 1-2pm at **Derby City Council House – Room 3** (Corporation Street, DE1 2FS)
- Thursday 5.30-6.15pm **Derby Arena – Meeting Room Level 2** (Pride Park, DE24 8JB) **\*NEW**
- Saturdays 11.15-12.15pm at **Moorways Sports Village – Meeting Room 4** (Moor Lane, Allenton, DE24 9HY)

**Please note that these sessions may occasionally be cancelled.**

**Please check our Facebook and Twitter pages (@livewellderby)**

**For enquiries email [livewell@derby.gov.uk](mailto:livewell@derby.gov.uk)**



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