

Livewell Stop Smoking Drop In Sessions

Come along to a weekly Livewell client drop-in session to get Stop Smoking support and collect Nicotine Replacement Therapy from our friendly team.

Below is the drop-in programme from **3 November 2023**:

- Mondays 10:45-11:30am at **Springwood Leisure Centre** (Springwood Drive, Oakwood, DE21 2RQ)
- Mondays 5.15-6pm at **Springwood Leisure Centre** (Springwood Drive, Oakwood, DE21 2RQ)
- Tuesdays 11am-12pm at **Derby City Council House – Room 3** (Corporation Street, DE1 2FS)
- Tuesdays 12-1pm at **St Mary's Community Centre** (Barrett Street, Alvaston, DE24 0EN)
- Tuesdays 5:30-6:15pm at **St. Martin's Church** (Flint Street, Allenton, DE24 9BH)
- Tuesdays 8-8:30pm at **Mackworth Youth & Community Centre** (Prince Charles Avenue, DE22 4FN)
- Wednesdays 11-11.45am at **Tiptoe School Of Performing Arts** (Sinfin Commercial Park, DE24 9HL)
- Wednesdays 5:00-5:45pm at **Glengarry Way Community Room** (Sinfin, DE24 9NP)
- Thursdays 10-10:45am at **Springwood Leisure Centre** (Springwood Drive, Oakwood, DE21 2RQ)
- Thursdays 1-2pm at **Derby City Council House – Room 3** (Corporation Street, DE1 2FS)
- Thursdays 5.30-6pm at **Normanton Library** (St Augustine's Community Centre, DE23 6LX)
- Saturdays 11.45-1pm at **Moorways Sports Village – Wellbeing Room** (Moor Lane, Allenton, DE24 9HY)

Please note that these sessions may occasionally be cancelled.

Please check our Facebook and Twitter pages (@livewellderby)

For enquiries email livewell@derby.gov.uk



A Derby City Council Project